



IQF peeled chestnuts Europe 10/2 lb

Chataignes pelées

PRODUCT OF EUROPE (SPAIN)

61101



FROZEN SWEET

IQF WHOLE FRUITS

CHESTNUT

Product Description

- Our select whole Chestnuts from Europe have been carefully blanched and peeled. Prepare as an accompaniment for poultry or use as an ingredient in your favorite dinner and dessert recipe.

Pack and Case Specifications

Pack Net Weight

2lb

Packs per Case

10

Case Size (LxWxH)

14.76" x 9.05" x 8.27"

Case Cube

0.64ft3

Case Gross Weight

22lb

Cases per Pallet

80 (10/8)

Ingredients

Peeled Chestnuts.

Physical

Species: Castanea Sativa

Nutrition

Nutrition Facts

Serving Size 1 cup (85g)
Servings Per Container about 11

Amount Per Serving
Calories 90 **Calories from Fat 10**

	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 20g	7%
Dietary Fiber 1g	5%
Sugars 9g	
Protein 2g	

Vitamin A 0% • Vitamin C 60%
Calcium 2% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.
Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Saturated Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Allergens

CONTAINS TREE NUTS (CHESTNUT).

Cooking Directions

Stove Top

Cook from frozen. Plunge quickly in boiling water. Simmer for 10 minutes and drain. Fry in a pan on medium-high setting in a little amount of oil or butter, without cover. Drain as needed.

Organoleptic

Color: Light to dark brown
Texture: Characteristic of chestnuts
Taste: Characteristic of chestnuts

Certificates and Claims

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Do not thaw and refreeze. Shelf life: 30 months.

UPC code



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